



Alabama School's Scoliosis Program

Alabama School's Scoliosis Program is an opt-in screening program for students grades 5-9 (ages 11-14). The goal of the program is to provide early detection of spinal deformities and referral to a medical provider before serious disability and deformity can occur.

Scoliosis is a curvature of the spine and is a common disorder. Most curvatures are of minor consequence but some can progress and lead to serious health conditions if not corrected.

It recommended that all children in the above age group be screened annually. School Nurses are trained screeners and can provide that service at school. If you are interested in having your child screened at school, please contact your school nurse.

Additional information can be found regarding Alabama Scoliosis Guidelines at

<https://www.alabamaachievers.org/wp-content/uploads/2021/04/ALABAMA-PUBLIC-SCHOOL-SPINAL-SCREENING-MANUAL-2019.pdf>