

Medication Recertification Review

Delegation

- Delegation is defined in the Board of Nursing regulations.
- Delegation is “the act of authorizing a competent individual to perform acts supportive to registered nurses or licensed practical nurses in selected situations.”
- Delegation is a key issue because the licensed nurse retains responsibility for the task that is delegated to someone else---someone else performs the task but the nurse retains the responsibility for the outcome.

Responsibility of the Medication Assistant

- Notifies the school nurse immediately when there is suspicion of a medication reaction, a medication error, or a change in a student's health status or new medication received at school.
- Completes timely, accurate documentation of assistance with medication in accordance with state and local policies.

Specific Rules Related to Prescription Medicine

- No prescription medication may be given without:
 - parent authorization,
 - a healthcare provider order, and a
 - pharmacy label.
- Review local policies.

Seven Rights

1. Right Student
2. Right Medication
3. Right Dose
4. Right Time
5. Right Route
6. Right Documentation
7. Right Reason

- Check the seven rights every time a medication is given (when taking medication from the cabinet, when pouring medication, and when returning medication to the cabinet)
- Document Accurate! Document Timely!
- Control substances must be counted! Any discrepancies must be reported to the school nurse and the principal

Give medication in a quiet environment

Remember confidentiality

Only ONE student at a time!

If judgement is required **CALL THE NURSE!**

Confidentiality and Privacy

- Purpose is to protect the health, safety, and welfare of the student.
- Some requirements include:
 - protecting the student's rights,
 - managing and monitoring student's prescribed medicines,
 - using correct methods to identify students and medicines, and
 - following guidelines for safety in assisting the school nurse with medications (including storage of medicines and documentation).

Common Health Conditions

- Allergies
- Asthma
- ADD/ADHD
- Behavioral/Emotional/Psychosocial Disorders
- Diabetes
- Infectious Diseases
- Seizures

Allergies

- Inhaled, food, drug, infectious agent, contact allergen, physical allergen, insects
- Symptoms: sneezing, sniffles, runny or itchy nose, tearing, red or itchy eyes, cough, headache, rash, hives
- ANAPHYLAXIS IS SEVERE AND LIFE THREATENING!

Asthma

- Cause: air pollutants, pollens, exercise, cold air, medications, respiratory infection, allergic reaction, stress and emotional
- Symptoms: cough, wheeze, difficulty breathing, tight chest, rapid breathing, rapid pulse, retraction of the ribs, collar bone (seen during breathing), flushed moist skin, hunched forward sitting position

Things to Remember

- The only injection medication assistant can give is the Epi-Pen.*and Naloxone and pre-dose Glucagon
- Anytime an Epi-Pen,Naloxone or Glucagon is administered 911 must be notified as well as parent. *
- Medication should only be given 30 minutes before time it is due and up to 30 minutes after time it is due

If it is too early or too late it is a medication error!

Before Giving Any Medication

- Wash your hands and have student wash their hands*
- Check order form and pharmacy label
- Gather supplies
- 7 Rights

Pills

- Use a medication cup.
- Do not touch the pill with your hand. Put a glove on if you must touch the pill to place in the students mouth.
- Change gloves between students
- Look in the mouth to be sure they swallowed the pill
- Wash hands
- Record

Liquids

- Use a calibrated medication spoon or cup.*
- Pour the liquid from the side opposite the label
- Clean the bottle if needed

Nose Drops, Eye Drops, Eye Ointment, Ear Drops

- Use gloves with all of above
- Eye drops: know which eye
- Eye ointment: warm and start in the inner corner
- Ear drops: warm and pull the ear back and up

Inhaler Problems

1. Not taking as prescribed. Review order for frequency student allowed to take inhaler.* Most orders state 4 – 6 hours between doses but may vary according to order or severity of attack.
2. Incorrect activation
3. Forgot to shake or clean
4. Not waiting 1 minute between puffs *
5. Call school nurse if not working
6. Call school nurse if needs the inhaler more than ordered
7. May now do Inhaler Only Training

Topical

- Skin cream, ointment and salves
- Use gloves

Medication errors*

- As soon as a mistake is realized go to the student if they are not with you*
- Do Not Leave the Student Alone*
- Watch for change or symptoms in the students behavior*
- Notify the nurse and principal
- Contact poison control
- Notify the parent
- Unusual occurrence within 24 hours
- Medication omission: notify the nurse, principal, and the parent and do an unusual occurrence report

A Final Word

- Do not give medication if any questions or doubts CALL THE NURSE
- Keep all medication locked
- No food or drinks with the medications*
- Do not change an order*
- Do not take an order*
- DOCUMENT! If medication is not documented, it was not given.
- COUNT ALL CONTROLLED SUBSTANCES