

Face Coverings

**How to Properly
Wear, Remove and Clean a Face Covering**

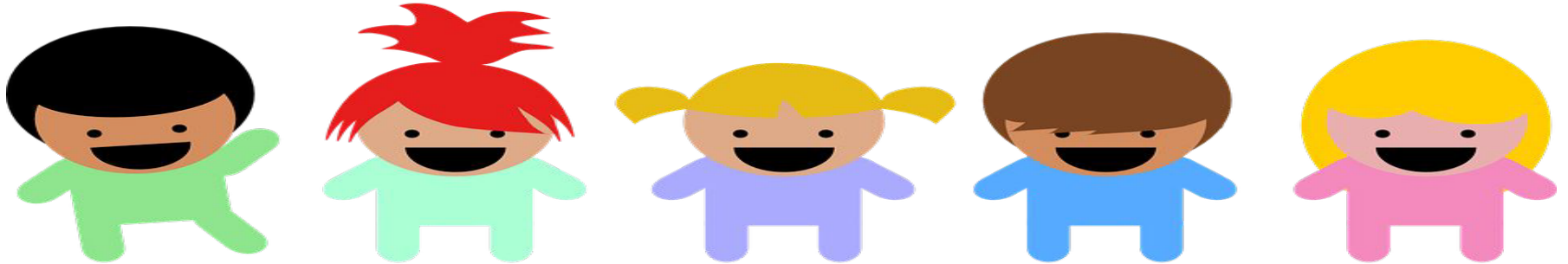
Why is a face covering important?

Cloth face coverings are an additional step to help slow the spread of COVID-19 when combined with [every day preventive actions](#) and [social distancing](#) in public settings.



Who should NOT wear a mask?

Children under age 2, or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.



Wear a Face Covering to Protect Others

- Wear a face covering that covers your nose and mouth to help protect others in case you're infected with COVID-19 but don't have symptoms
- Wear a face covering in public settings when around people who don't live in your household, especially when it may be difficult for you to stay six feet apart



Wear a Face Covering to Protect Others

- Wear a face covering correctly for maximum protection
- Don't put the face covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, wash your hands or use hand sanitizer to disinfect



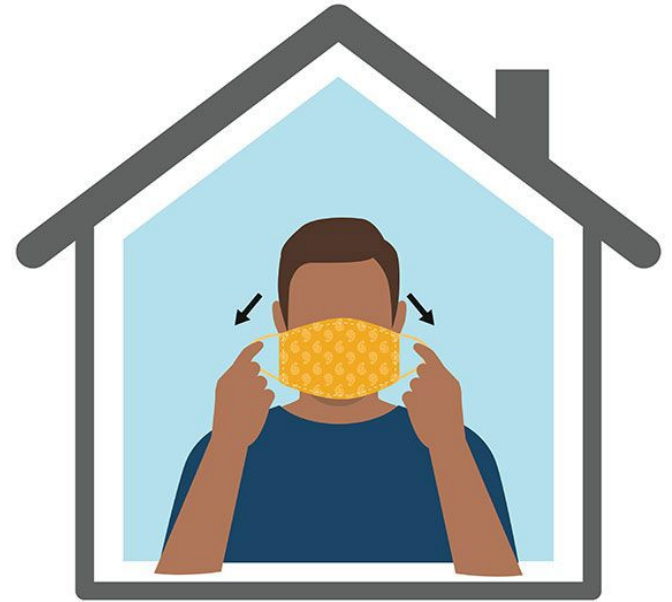
Wear your Face Covering Correctly



- Wash your hands (or use a hand sanitizer) before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily

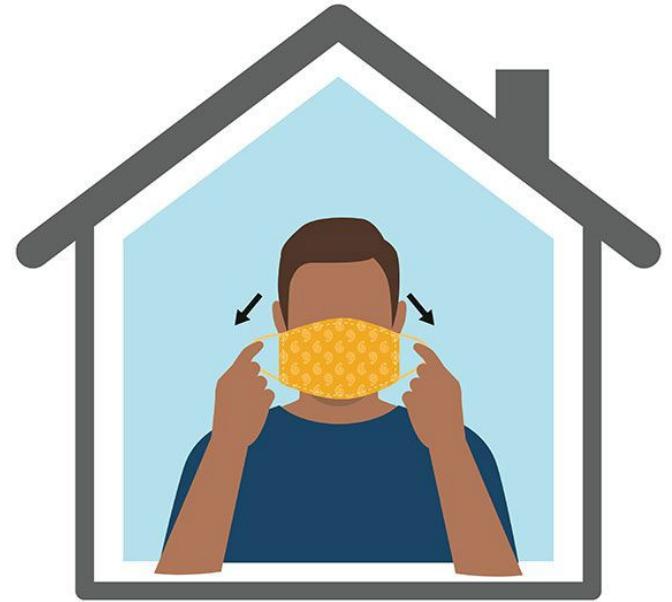
Take Off Your Cloth Face Covering Carefully, When You're Home

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together



Take Off Your Cloth Face Covering Carefully, When You're Home

- Place covering in the washing machine on the hottest cycle possible and dry in the dryer
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.



Reference

CDC. (2020, July 6). *How to wear a face mask.*

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wear-cloth-face-coverings.html>