

I completed my screening Now What

- ▶ 1. Complete a Wellness Screening
must be completed between 8/1/14 - 5/31/15
- ▶ 2. Complete the Health Questionnaire
available online at www.myactivehealth.com/PEEHIP
or by phone 1-855-294-6580
- ▶ 3. Participation in Wellness Coaching
ONLY for those who get notified by letter
- ▶ 4. Participate in Disease Management
The five chronic diseases identified for wellness coaching are: **asthma, diabetes, coronary artery disease, congestive heart failure, COPD.**

